



LINC, Inc. is a not-for-profit, non-residential service and advocacy organization for persons with disabilities in St. Clair, Monroe and Randolph counties.

The mission of **LINC** is to empower persons with disabilities to live independently in the community. We do this by offering programs and services designed to meet the specific needs and personal goals of each individual.

In addition, **LINC** educates the community about disabilities and works to make it accessible and inclusive for all persons.

LINC has a main office in Belleville and satellite offices at the Western Egyptian locations in Waterloo and Sparta. For more information call us at (618) 235-9988.

www.lincinc.org

Programs & Services

Advocacy
Independent Living Skills Training
Resource & Information Referral
Circuit Breaker Assistance
Reintegration Program
Medicare D Assistance
Home Modification
Personal Assistant Referral
Deaf/Hard of Hearing Services
Blind/Visually Impaired Services
Assistive Technology
Peer-to-Peer Counseling
Disability Sensitivity Education

E-Mail: info@lincinc.org

LINC was founded in 1989 and is one of 23 centers for independent living in Illinois that offers individual programs and services that offer skills to living independently.

LINC outreach material is available in alternative formats.



Personal Assistant Brochure



Be a caregiver for persons of all ages with disabilities

for St. Clair, Monroe and Randolph Counties

“My P.A. and I have a very good relationship. She is courteous and kind, honest and trustworthy and very respectful with her care.”

*.....Gloria, **LINC** Consumer*

**120 East A Street
Belleville, IL 62220
(618) 235-9988 voice
(618) 235-0451 (tty/vp)
Fax: 233-3729**

Waterloo and Sparta Satellite Offices



A Personal Assistant is someone

who assists a person with a disability in routine activities of daily living. These activities may include bathing and grooming, wheelchair transfers, meal preparation, light household chores, and errands.

Other, more personal, care that may be needed by an individual include catheter and bowel care, range of motion exercises, and tracheotomy care.

Specific duties of a personal assistant are based upon individual consumer needs and may vary.

“My P.A. is very thorough with her work. She’s easy to talk to and we joke around with each other and laugh!”

.....Lucy, LINC Consumer

Additional Training

LINC offers a free orientation for individuals wanting to be referred as a personal assistant. Topics include disability awareness, proper body mechanics, personal care skills and employer/employee relationships. Paperwork required by the Department of Rehabilitation Services is also taught.

Where would I work?

LINC serves individuals in St. Clair, Monroe and Randolph counties. You would work for an individual who has a disability in one of these counties. Personal Assistants choose the county in which they work.

How am I paid?

Most personal assistants are paid through the Illinois Department of Human Services-Office of Rehabilitation (ORS). However, funding sources vary depending on the consumer’s needs.

Personal assistants are hired and trained by the person with a disability.

One on one training related to a specific personal care is provided by **LINC** upon the consumer’s request.

LINC acts as a referral source for people with disabilities. A personal assistant is not an employee of **LINC**.

What qualifications are needed to become a Personal Assistant?

- A sincere desire to help people with disabilities achieve and maintain their independence.
- A willingness to take direction from someone with a disability.
- A dependable, honest, patient, responsible, punctual, and a good sense of humor.
- Ability to relate well to others.



Personal Assistants referred by LINC are required to have background checks done (in the county they live in), and attend a personal assistant orientation.

*If you are interested in being a personal assistant, please call **LINC** at (618) 235-9988.*

Empowering Persons With Disabilities To Live Independently